

# How to get an athletic scholarship to a University in the US





[NCAA Eligibility Center](#)

[NAIA Eligibility Center](#)

[Scholarship Stats](#)

[Niche.com](#)

[Track & Field Times](#)

[www.swimcloud.com](#)

[ModexPerformance.com](#)







- Introductions
- Athletic recruiting process and timeline
- Talking to prospective coaches
- Exposure and high level of competition
- Scholarships
- Q&A
- Going to University Abroad
- How to find the “Best Fit” school for me
- Application Roadmap/Timeline
- Key Takeaways



# Introductions



**Naomi Meiburger**  
Asst Coach, Women's Soccer  
Georgetown University



**Benjamin Dalton**  
Coach/Recruiting Coordinator  
Men's & Woman's Track & Field  
Baylor University



# Associations & Divisions

✓ **NCAA:** National Collegiate Athletic Association

- NCAA Division I
- NCAA Division II
- NCAA Division III

✓ **NAIA:** National Association of Intercollegiate Athletics

✓ **NJCAA:** National Junior College Athletic Association

Sport	NCAA DI	NCAA DII	NCAA DIII	NAIA	NJCAA
Soccer (M)	205/ 9.9	206/9	410/0	180/ 12	210/18
Soccer (W)	333/ 14	265/ 9.9	441/0	188/ 12	181/18
Track & Fld (M)	250/ 12.6	200/ 12.6	300/0	200/ 12	100/20
Track & Fld (W)	332/ 18	196/ 12.6	290/0	165/ 12	68/20
Swim(M)	143/9. 9	58/9	200/0	22/8	67/15
Field Hockey (W)	79/ 12	26/6.3	158	N/A	N/A
Tennis (M)	264/ 4.5	167/ 4.5	328/0	N/A	N/A

# of teams/ Max # of scholarships





# QUESTIONS



# Going to University Abroad



- ✓ Major in subjects that are not available at universities at home
- ✓ Learn in and out of the classroom
- ✓ Gain exposure to people from across the globe
- ✓ Learn from world-renown professors
- ✓ Gain independence
- ✓ Athletic exposure
- ✓ Compete at the highest levels



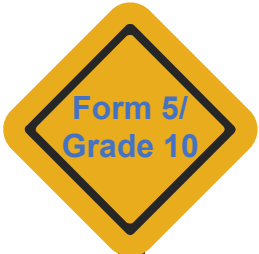
# “Best Fit” University For Me



- Major
- Academics
- Admission Selectivity
- Location
- Size
- Student Life
- On-Campus activities
- Financial Aid
- **Athletic Match**



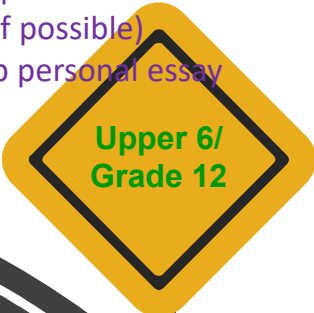
# My University Journey



- Extra-curricular activities (broad or deep)
- Sports, school organizations, community service, entrepreneurship, work opportunities
- Passion project
- **Athletes, Artists....summer programs**
- **Athletes:** Research athletic programs and universities
- Explore scholarship options (never too early!)
- Attend College Fair
- Visit universities (if possible)



- Significant summer activity
- **Athletes:** Summer training program or ID camp
- **Athletes:** Continue connecting with coaches
- Study for SAT and take SAT in August
- Open account for CommonApp (August 1<sup>st</sup>)
- Determine which teachers to write recommendations
- Create resume and teacher recommendation outline
- Explore Scholarships
- Visit universities (if possible)
- Draft common app personal essay



- Take SATs (October/November/December)
- Complete Common App + personal essay
- Complete supplemental essays
- Update and refine activities information for application
- Attend college fair
- Visit universities (if possible)
- Initiate college interviews
- Submit applications
- Explore scholarships
- Complete matriculation paperwork and activities
- Apply for student visa (if required)
- Register for orientation



- Attend College Fair
- Determine key criteria for university options
- Begin list building for universities
- **Athletes: Begin contacting coaches**
- Study and Take SATs (June )
- Plan for Significant summer activity
- **Athletes: Plan for summer athletic activity**
- Prep/Brainstorm for essays
- Draft out activities/leadership list





# Key Takeaways

- Start early!
- Reach out to as many “appropriate” coaches as you can to get as many opportunities as possible
- Don’t necessarily take the first offer. If one coach reaches out to you, there are probably others that are interested
- Be open minded to universities you may not have heard of
- Don’t put all your hopes on one school
- Do your own research on all schools. Use lots of resources to make the best decision possible
- Talk to the university coaches and other current students to get accurate information
- Ask lots of questions
- Focus and put the work in but breathe and relax.....Stress doesn’t help make good choices
- [www.M\\*Power.education](http://www.M*Power.education)

